

Persistent and recurrent maladaptive gambling behavior as indicated by five (or more) of the following criteria:

IN THE PAST YEAR...

	YES	NO
1. Have you often found yourself thinking about gambling [e.g., reliving past gambling experiences, planning the next time you will play or thinking of ways to get money to gamble]?	<input type="checkbox"/>	<input type="checkbox"/>
2. Have you needed to gamble with more and more money to get the amount of excitement you are looking for?	<input type="checkbox"/>	<input type="checkbox"/>
3. Have you become restless or irritable when trying to cut down or stop gambling?	<input type="checkbox"/>	<input type="checkbox"/>
4. Have you gambled to escape from problems or when you are feeling depressed, anxious or bad about yourself?	<input type="checkbox"/>	<input type="checkbox"/>
5. After losing money gambling, have you returned another day in order to get even?	<input type="checkbox"/>	<input type="checkbox"/>
6. Have you lied to your family or others to hide the extent of your gambling?	<input type="checkbox"/>	<input type="checkbox"/>
7. Have you made repeated unsuccessful attempts to control, cut back or stop gambling?	<input type="checkbox"/>	<input type="checkbox"/>
8. Have you been forced to go beyond what is strictly legal in order to finance gambling or to pay gambling debts?	<input type="checkbox"/>	<input type="checkbox"/>
9. Have you risked or lost a significant relationship, job, educational or career opportunity because of gambling?	<input type="checkbox"/>	<input type="checkbox"/>
10. Have you sought help from others to provide the money to relieve a desperate financial situation caused by gambling?	<input type="checkbox"/>	<input type="checkbox"/>

SCORE

****5 or more “yes” answers indicates a diagnosis for Pathological Gambling**

****Less than 5 indicates a potential problem and/or at risk indicators which may warrant further support, education and treatment services**

Adapted from the American Psychiatric Association Diagnostic Criteria from the DSM IV 1994